

ISU Four Continents Figure Skating Championships 2020 - Pairs

Planned Program Content - Checklist

As of : 04.02.2020 08:10

Liubov ILYUSHECHKINA / Charlie BILODEAU CAN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3FTh Throw Triple Flip	
4	CoSp Combination Spin	
5	StSq Step Sequence	
6	5ALi Group 5 Axel Lasso Lift	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T Triple Toeloop + Double Toeloop	
3	5ALi Group 5 Axel Lasso Lift	
4	ChSq Choreo Sequence	
5	3S Triple Salchow	
6	PCoSp Pair Combination Spin	
7	5RLi Group 5 Reverse Lasso Lift	
8	3FTh Throw Triple Flip	
9	BoDs Backward Outside Death Spiral	
10	3LoTh Throw Triple Loop	
11	4Li Group 4 Lift	
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As of : 04.02.2020 08:10

Kirsten MOORE-TOWERS / Michael MARINARO CAN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3LoTh Throw Triple Loop	
3	BiDs Backward Inside Death Spiral	
4	3T Triple Toeloop	
5	5ALi Group 5 Axel Lasso Lift	
6	CCoSp Change Foot Combination Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3S+2T+2T Triple Salchow + Double Toeloop + Double Toeloop	
3	3LoTh Throw Triple Loop	
4	3Li Group 3 Lift	
5	PCoSp Pair Combination Spin	
6	3T Triple Toeloop	
7	BoDs Backward Outside Death Spiral	
8	ChSq Choreo Sequence	
9	3STh Throw Triple Salchow	
10	5RLi Group 5 Reverse Lasso Lift	
11	5ALi Group 5 Axel Lasso Lift	
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Evelyn WALSH / Trennt MICHAUD CAN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	5ALi Group 5 Axel Lasso Lift	
4	3LoTh Throw Triple Loop	
5	BiDs Backward Inside Death Spiral	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	BoDs Backward Outside Death Spiral	
2	3Tw Triple Twist Lift	
3	3T+2T+2T Triple Toeloop + Double Toeloop + Double Toeloop	
4	3S Triple Salchow	
5	5ALi Group 5 Axel Lasso Lift	
6	3LoTh Throw Triple Loop	
7	5SLi Group 5 Step in Lasso Lift	
8	ChSq Choreo Sequence	
9	3TTh Throw Triple Toeloop	
10	3Li Group 3 Lift	
11	PCoSp Pair Combination Spin	
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As of : 04.02.2020 08:10

Cheng PENG / Yang JIN CHN

SP/RD		Remarks
1	3T Triple Toeloop	
2	3Tw Triple Twist Lift	
3	3LoTh Throw Triple Loop	
4	BiDs Backward Inside Death Spiral	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	5RLi Group 5 Reverse Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3T+2T Triple Toeloop + Double Toeloop	
3	3Tw Triple Twist Lift	
4	3LoTh Throw Triple Loop	
5	BoDs Backward Outside Death Spiral	
6	PCoSp Pair Combination Spin	
7	5RLi Group 5 Reverse Lasso Lift	
8	3STh Throw Triple Salchow	
9	ChSq Choreo Sequence	
10	5ALi Group 5 Axel Lasso Lift	
11	4Li Group 4 Lift	
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As of : 04.02.2020 08:10

Wenjing SUI / Cong HAN CHN

SP/RD		Remarks
1	3T Triple Toeloop	
2	3FTh Throw Triple Flip	
3	3Tw Triple Twist Lift	
4	StSq Step Sequence	
5	BiDs Backward Inside Death Spiral	
6	FCCoSp Fly. Change Foot Combination Spin	
7	5RLi Group 5 Reverse Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T+2T Triple Toeloop + Double Toeloop + Double Toeloop	
3	3STh Throw Triple Salchow	
4	BoDs Backward Outside Death Spiral	
5	PCoSp Pair Combination Spin	
6	3S Triple Salchow	
7	5ALi Group 5 Axel Lasso Lift	
8	3FTh Throw Triple Flip	
9	ChSq Choreo Sequence	
10	5RLi Group 5 Reverse Lasso Lift	
11	3Li Group 3 Lift	
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As of : 04.02.2020 08:10

Feiyao TANG / Yongchao YANG CHN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3STh Throw Triple Salchow	
4	5RLi Group 5 Reverse Lasso Lift	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	2A+2T+2T Double Axel + Double Toeloop + Double Toeloop	
4	5ALi Group 5 Axel Lasso Lift	
5	3LoTh Throw Triple Loop	
6	5RLi Group 5 Reverse Lasso Lift	
7	PCoSp Pair Combination Spin	
8	ChSq Choreo Sequence	
9	3STh Throw Triple Salchow	
10	3Li Group 3 Lift	
11	FiDs Forward Inside Death Spiral	
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As of : 04.02.2020 08:10

Riku MIURA / Ryuichi KIHARA JPN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3LzTh Throw Triple Lutz	
3	5RLi Group 5 Reverse Lasso Lift	
4	3T Triple Toeloop	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T+2T Triple Toeloop + Double Toeloop + Double Toeloop	
3	5ALi Group 5 Axel Lasso Lift	
4	3LzTh Throw Triple Lutz	
5	PCoSp Pair Combination Spin	
6	5RLi Group 5 Reverse Lasso Lift	
7	3STh Throw Triple Salchow	
8	3S Triple Salchow	
9	FiDs Forward Inside Death Spiral	
10	4Li Group 4 Lift	
11	ChSq Choreo Sequence	
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As of : 04.02.2020 08:10

Isabella GAMEZ / David-Alexandre PARADIS PHI

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	2F Double Flip	
3	3LzTh Throw Triple Lutz	
4	5ALi Group 5 Axel Lasso Lift	
5	BiDs Backward Inside Death Spiral	
6	CoSp Combination Spin	
7	StSq Step Sequence	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	2Lo Double Loop	
3	5BLi Group 5 Backward Lasso Lift	
4	2F+2T Double Flip + Double Toeloop	
5	3LzTh Throw Triple Lutz	
6	4Li Group 4 Lift	
7	BoDs Backward Outside Death Spiral	
8	5Li Group 5 Lift	
9	3LoTh Throw Triple Loop	
10	ChSq Choreo Sequence	
11	PCoSp Pair Combination Spin	
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Jessica CALALANG / Brian JOHNSON USA

SP/RD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3LzTh Throw Triple Lutz	
4	BiDs Backward Inside Death Spiral	
5	FCCoSp Fly. Change Foot Combination Spin	
6	StSq Step Sequence	
7	5RLi Group 5 Reverse Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T Triple Toeloop + Double Toeloop	
3	3S Triple Salchow	
4	3Li Group 3 Lift	
5	BoDs Backward Outside Death Spiral	
6	3STh Throw Triple Salchow	
7	5RLi Group 5 Reverse Lasso Lift	
8	ChSq Choreo Sequence	
9	3LzTh Throw Triple Lutz	
10	5ALi Group 5 Axel Lasso Lift	
11	PCoSp Pair Combination Spin	
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Tarah KAYNE / Danny O'SHEA USA

SP/RD		Remarks
1	BiDs Backward Inside Death Spiral	
2	3Tw Triple Twist Lift	
3	3S Triple Salchow	
4	3STh Throw Triple Salchow	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	5RLi Group 5 Reverse Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3S+1Eu+3S Triple Salchow + Single Euler + Triple Salchow	
3	2A Double Axel	
4	4Li Group 4 Lift	
5	3STh Throw Triple Salchow	
6	FiDs Forward Inside Death Spiral	
7	PCoSp Pair Combination Spin	
8	ChSq Choreo Sequence	
9	3LzTh Throw Triple Lutz	
10	5RLi Group 5 Reverse Lasso Lift	
11	5ALi Group 5 Axel Lasso Lift	
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As of : 04.02.2020 08:10

Alexa SCIMECA KNIERIM / Chris KNIERIM USA

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	CCoSp Change Foot Combination Spin	
4	StSq Step Sequence	
5	3FTh Throw Triple Flip	
6	5ALi Group 5 Axel Lasso Lift	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T Triple Toeloop + Double Toeloop	
3	3LoTh Throw Triple Loop	
4	3S Triple Salchow	
5	5RLi Group 5 Reverse Lasso Lift	
6	3FTh Throw Triple Flip	
7	BoDs Backward Outside Death Spiral	
8	3Li Group 3 Lift	
9	ChSq Choreo Sequence	
10	5ALi Group 5 Axel Lasso Lift	
11	PCoSp Pair Combination Spin	
12		
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