

PLEASE VERIFY / UPDATE / CONFIRM

ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Conrad ORZEL - CAN

SP/RD	Remarks
1 4T+3T Quad. Toeloop+Triple Toeloop	
2 4S Quad. Salchow	
3 FSSp Flying Sit Spin	
4 3A Triple Axel	
5 StSq Step Sequence	
6 CCoSp Change Foot Camel Spin	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4Lz Quad. Lutz	
2 3Lo Triple Loop	
3 4T+2T Quad. Toeloop+Double Toeloop	
4 4T Quad. Toeloop	
5 FSSp Flying Sit Spin	
6 3A+3T Triple Axel+Triple Toeloop	
7 3A Triple Axel	
8 3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
9 ChSq Choreographic Sequence	
10 CCoSp Change Foot Camel Spin	
11 StSq Step Sequence	
12 CCoSp Change Foot Combo Spin	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Roman SADOVSKY - CAN

SP/RD			Remarks
1	4S+3T	Quad. Salchow+Triple Toeloop	
2	3A	Triple Axel	
3	FCSp	Flying Camel Spin	
4	3Lz	Triple Lutz	
5	CSSp	Change Foot Sit Spin	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Combo Spin	
8			

FS/FD			Remarks
1	4S	Quad. Salchow	
2	3F	Triple Flip	
3	3A	Triple Axel	
4	3Lo	Triple Loop	
5	StSq	Step Sequence	
6	4S+1Eu+3S	Quad. Salchow+Single Euler+Triple Salchow	
7	3A+2T	Triple Axel+Double Toeloop	
8	3Lz+3T	Triple Lutz+Triple Toeloop	
9	FCCoSp	Flying Change Foot Combo Spin	
10	CCSp	Change Foot Camel Spin	
11	ChSq	Choreographic Sequence	
12	CCoSp	Change Foot Combo Spin	
13			
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Kevin AYZOZ - FRA

SP/RD			Remarks
1	4T	Quad. Toeloop	
2	3Lz+3T	Triple Lutz+Triple Toeloop	
3	CCSp	Change Foot Camel Spin	
4	3A	Triple Axel	
5	FSSp	Flying Sit Spin	
6	CCoSp	Change Foot Combo Spin	
7	StSq	Step Sequence	
8			

FS/FD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	4T	Quad. Toeloop	
3	3A+2T	Triple Axel+Double Toeloop	
4	3Lo	Triple Loop	
5	CCSp	Change Foot Camel Spin	
6	3A	Triple Axel	
7	3Lz+1Eu+3S	Triple Lutz+Single Euler+Triple Salchow	
8	3F	Triple Flip	
9	ChSq	Choreographic Sequence	
10	FSSp	Flying Sit Spin	
11	CCoSp	Change Foot Combo Spin	
12	StSq	Step Sequence	
13			
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Alexei BYCHENKO - ISR

SP/RD	Remarks
1 3A Triple Axel	
2 4T+3T Quad. Toeloop+Triple Toeloop	
3 FCSp Flying Camel Spin	
4 3Lz Triple Lutz	
5 CSSp Change Foot Sit Spin	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4T Quad. Toeloop	
2 3A Triple Axel	
3 3Lz Triple Lutz	
4 3Lo Triple Loop	
5 CSSp Change Foot Sit Spin	
6 ChSq Choreographic Sequence	
7 3A+2T Triple Axel+Double Toeloop	
8 3F Triple Flip	
9 3F+1Eu+3S Triple Flip+Single Euler+Triple Salchow	
10 FCSp Flying Camel Spin	
11 StSq Step Sequence	
12 CCoSp Change Foot Combo Spin	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Yuzuru HANYU - JPN

SP/RD			Remarks
1	4S	Quad. Salchow	
2	3A	Triple Axel	
3	4T+3T	Quad. Toeloop+Triple Toeloop	
4	FCSp	Flying Camel Spin	
5	CSSp	Change Foot Sit Spin	
6	StSq	Step Sequence	
7	CCoSp	Change Foot Combo Spin	
8			

FS/FD			Remarks
1	4Lo	Quad. Loop	
2	4S	Quad. Salchow	
3	FCoSp	Flying Combo Spin	
4	StSq	Step Sequence	
5	3Lz	Triple Lutz	
6	4T	Quad. Toeloop	
7	4T+1Eu+3F	Quad. Toeloop+Single Euler+Triple Flip	
8	3A+3T	Triple Axel+Triple Toeloop	
9	3A+2T	Triple Axel+Double Toeloop	
10	ChSq	Choreographic Sequence	
11	FCSSp	Flying Change Foot Sit Spin	
12	CCoSp	Change Foot Combo Spin	
13			
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Koshiro SHIMADA - JPN

SP/RD	Remarks
1 3A Triple Axel	
2 4T Quad. Toeloop	
3 CSSp Change Foot Sit Spin	
4 FCSp Flying Camel Spin	
5 3Lz+3T Triple Lutz+Triple Toeloop	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4S Quad. Salchow	
2 3A+3T Triple Axel+Triple Toeloop	
3 3Lo Triple Loop	
4 3F Triple Flip	
5 FCSp Flying Camel Spin	
6 StSq Step Sequence	
7 4T+2T Quad. Toeloop+Double Toeloop	
8 3A Triple Axel	
9 3Lz+1Eu+2S Triple Lutz+Single Euler+Double Salchow	
10 ChSq Choreographic Sequence	
11 FCCoSp Flying Change Foot Combo Spin	
12 CCoSp Change Foot Combo Spin	
13	
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15	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Sota YAMAMOTO - JPN

SP/RD	Remarks
1 4S Quad. Salchow	
2 4T+3T Quad. Toeloop+Triple Toeloop	
3 FCSp Flying Camel Spin	
4 3A Triple Axel	
5 CSSp Change Foot Sit Spin	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4S Quad. Salchow	
2 4T+3T Quad. Toeloop+Triple Toeloop	
3 4T Quad. Toeloop	
4 3A+2T Triple Axel+Double Toeloop	
5 FCSp Flying Camel Spin	
6 ChSq Choreographic Sequence	
7 3A Triple Axel	
8 3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
9 3F Triple Flip	
10 FCCoSp Flying Change Foot Combo Spin	
11 StSq Step Sequence	
12 CCoSp Change Foot Combo Spin	
13	
14	
15	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Makar IGNATOV - RUS

SP/RD	Remarks
1 4S+3T Quad. Salchow+Triple Toeloop	
2 4T Quad. Toeloop	
3 FCSp Flying Camel Spin	
4 3A Triple Axel	
5 CSSp Change Foot Sit Spin	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4S Quad. Salchow	
2 4T Quad. Toeloop	
3 3A Triple Axel	
4 3F+3T Triple Flip+Triple Toeloop	
5 FCSp Flying Camel Spin	
6 3Lz+3T Triple Lutz+Triple Toeloop	
7 3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
8 3Lo Triple Loop	
9 StSq Step Sequence	
10 ChSq Choreographic Sequence	
11 CSSp Change Foot Sit Spin	
12 CCoSp Change Foot Combo Spin	
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14	
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101865

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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Anton SHULEPOV - RUS

SP/RD	Remarks
1 4S Quad. Salchow	
2 3A Triple Axel	
3 CCSp Change Foot Camel Spin	
4 3Lz+3T Triple Lutz+Triple Toeloop	
5 FSSp Flying Sit Spin	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4S Quad. Salchow	
2 3Lz+3T Triple Lutz+Triple Toeloop	
3 3A+2T Triple Axel+Double Toeloop	
4 3F Triple Flip	
5 CCSp Change Foot Camel Spin	
6 StSq Step Sequence	
7 3A Triple Axel	
8 3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
9 3Lo Triple Loop	
10 FSSp Flying Sit Spin	
11 CCoSp Change Foot Combo Spin	
12 ChSq Choreographic Sequence	
13	
14	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Sergei VORONOV - RUS

SP/RD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	3Lz	Triple Lutz	
3	FCSp	Flying Camel Spin	
4	3A	Triple Axel	
5	CCoSp	Change Foot Combo Spin	
6	StSq	Step Sequence	
7	CSSp	Change Foot Sit Spin	
8			

FS/FD			Remarks
1	4T+3T	Quad. Toeloop+Triple Toeloop	
2	3A+2T	Triple Axel+Double Toeloop	
3	3T+1Eu+3S	Triple Toeloop+Single Euler+Triple Salchow	
4	FCSp	Flying Camel Spin	
5	3Lo	Triple Loop	
6	StSq	Step Sequence	
7	3A	Triple Axel	
8	3Lz+2T+2Lo	Triple Lutz+Double Toeloop+Double Loop	
9	2A	Double Axel	
10	CCoSp	Change Foot Combo Spin	
11	ChSq	Choreographic Sequence	
12	CSSp	Change Foot Sit Spin	
13			
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Jason BROWN - USA

SP/RD	Remarks
1 3F Triple Flip	
2 3A Triple Axel	
3 FSSp Flying Sit Spin	
4 3Lz+3T Triple Lutz+Triple Toeloop	
5 CCSp Change Foot Camel Spin	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 3A+2T Triple Axel+Double Toeloop	
2 3T Triple Toeloop	
3 3A Triple Axel	
4 3S Triple Salchow	
5 CCoSp Change Foot Combo Spin	
6 3Lz+3T+2Lo Triple Lutz+Triple Toeloop+Double Loop	
7 3F+3T Triple Flip+Triple Toeloop	
8 ChSq Choreographic Sequence	
9 3Lo Triple Loop	
10 FCCoSp Flying Change Foot Combo Spin	
11 StSq Step Sequence	
12 CCSp Change Foot Camel Spin	
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ISU GP NHK Trophy 2019

Men

Planned Program Content - Check List

Tomoki HIWATASHI - USA

SP/RD	Remarks
1 4T Quad. Toeloop	
2 3A Triple Axel	
3 CSSp Change Foot Sit Spin	
4 FCSp Flying Camel Spin	
5 3Lz+3T Triple Lutz+Triple Toeloop	
6 StSq Step Sequence	
7 CCoSp Change Foot Combo Spin	
8	

FS/FD	Remarks
1 4T+3T Quad. Toeloop+Triple Toeloop	
2 4T Quad. Toeloop	
3 3A+2T Triple Axel+Double Toeloop	
4 FSSp Flying Sit Spin	
5 3S Triple Salchow	
6 StSq Step Sequence	
7 3A Triple Axel	
8 3Lz+1Eu+3F Triple Lutz+Single Euler+Triple Flip	
9 FCCoSp Flying Change Foot Combo Spin	
10 ChSq Choreographic Sequence	
11 3Lo Triple Loop	
12 CCoSp Change Foot Combo Spin	
13	
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