

ISU GP SHISEIDO Cup of China 2019 - Pairs

Planned Program Content - Checklist

As of : 07.11.2019 09:04

Liubov ILYUSHECHKINA / Charlie BILODEAU CAN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3FTh Throw Triple Flip	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	5ALi Group 5 Axel Lasso Lift	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T Triple Toeloop + Double Toeloop	
3	5ALi Group 5 Axel Lasso Lift	
4	ChSq Choreo Sequence	
5	3S Triple Salchow	
6	PCoSp Pair Combination Spin	
7	5RLi Group 5 Reverse Lasso Lift	
8	3FTh Throw Triple Flip	
9	BoDs Backward Outside Death Spiral	
10	3LoTh Throw Triple Loop	
11	4Li Group 4 Lift	
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Planned Program Content - Checklist

As of : 07.11.2019 09:04

Cheng PENG / Yang JIN CHN

SP/RD		Remarks
1	3T Triple Toeloop	
2	3Tw Triple Twist Lift	
3	3LoTh Throw Triple Loop	
4	BiDs Backward Inside Death Spiral	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	5RLi Group 5 Reverse Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3T+2T Triple Toeloop + Double Toeloop	
3	3Tw Triple Twist Lift	
4	3LoTh Throw Triple Loop	
5	BoDs Backward Outside Death Spiral	
6	PCoSp Pair Combination Spin	
7	5RLi Group 5 Reverse Lasso Lift	
8	3STh Throw Triple Salchow	
9	ChSq Choreo Sequence	
10	5ALi Group 5 Axel Lasso Lift	
11	4Li Group 4 Lift	
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Planned Program Content - Checklist

As of : 07.11.2019 09:04

Wenjing SUI / Cong HAN CHN

SP/RD	Remarks
1 3T Triple Toeloop	
2 3FTh Throw Triple Flip	
3 3Tw Triple Twist Lift	
4 StSq Step Sequence	
5 BiDs Backward Inside Death Spiral	
6 CCoSp Change Foot Combination Spin	
7 5RLi Group 5 Reverse Lasso Lift	
8	
9	
10	
FS/FD	Remarks
1 3Tw Triple Twist Lift	
2 3T+2T Triple Toeloop + Double Toeloop	
3 3STh Throw Triple Salchow	
4 BoDs Backward Outside Death Spiral	
5 PCoSp Pair Combination Spin	
6 3S Triple Salchow	
7 5ALi Group 5 Axel Lasso Lift	
8 3FTh Throw Triple Flip	
9 ChSq Choreo Sequence	
10 5RLi Group 5 Reverse Lasso Lift	
11 3Li Group 3 Lift	
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ISU GP SHISEIDO Cup of China 2019 - Pairs

Planned Program Content - Checklist

As of : 07.11.2019 09:04

Feiyao TANG / Yongchao YANG CHN

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3STh Throw Triple Salchow	
4	5RLi Group 5 Reverse Lasso Lift	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	2A+2T+2T Double Axel + Double Toeloop + Double Toeloop	
4	5ALi Group 5 Axel Lasso Lift	
5	3LoTh Throw Triple Loop	
6	5RLi Group 5 Reverse Lasso Lift	
7	PCoSp Pair Combination Spin	
8	ChSq Choreo Sequence	
9	3STh Throw Triple Salchow	
10	3Li Group 3 Lift	
11	FiDs Forward Inside Death Spiral	
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ISU GP SHISEIDO Cup of China 2019 - Pairs

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As of : 07.11.2019 09:04

Tae Ok RYOM / Ju Sik KIM PRK

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3LzTh Throw Triple Lutz	
4	5ALi Group 5 Axel Lasso Lift	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T+2T+2T Triple Toeloop + Double Toeloop + Double Toeloop	
3	2A Double Axel	
4	FiDs Forward Inside Death Spiral	
5	PCoSp Pair Combination Spin	
6	5RLi Group 5 Reverse Lasso Lift	
7	3LzTh Throw Triple Lutz	
8	3STh Throw Triple Salchow	
9	5ALi Group 5 Axel Lasso Lift	
10	ChSq Choreo Sequence	
11	3Li Group 3 Lift	
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As of : 07.11.2019 09:04

Nicole DELLA MONICA / Matteo GUARISE ITA

SP/RD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3LoTh Throw Triple Loop	
4	5ALi Group 5 Axel Lasso Lift	
5	BiDs Backward Inside Death Spiral	
6	StSq Step Sequence	
7	FCCoSp Fly. Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3S Triple Salchow	
2	3Tw Triple Twist Lift	
3	3LoTh Throw Triple Loop	
4	FiDs Forward Inside Death Spiral	
5	3T+2T Triple Toeloop + Double Toeloop	
6	5RLi Group 5 Reverse Lasso Lift	
7	ChSq Choreo Sequence	
8	3STh Throw Triple Salchow	
9	5ALi Group 5 Axel Lasso Lift	
10	4Li Group 4 Lift	
11	PCoSp Pair Combination Spin	
12		
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As of : 07.11.2019 09:04

Alisa EFIMOVA / Alexander KOROVIN RUS

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3S Triple Salchow	
3	3LoTh Throw Triple Loop	
4	5ALi Group 5 Axel Lasso Lift	
5	FCCoSp Fly. Change Foot Combination Spin	
6	StSq Step Sequence	
7	BiDs Backward Inside Death Spiral	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3T Triple Toeloop	
3	3S+1Eu+2S Triple Salchow + Single Euler + Double Salchow	
4	3LoTh Throw Triple Loop	
5	ChSq Choreo Sequence	
6	5ALi Group 5 Axel Lasso Lift	
7	3STh Throw Triple Salchow	
8	5RLi Group 5 Reverse Lasso Lift	
9	BoDs Backward Outside Death Spiral	
10	PCoSp Pair Combination Spin	
11	3Li Group 3 Lift	
12		
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14		
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16		
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As of : 07.11.2019 09:04

Tarah KAYNE / Danny O'SHEA USA

SP/RD		Remarks
1	3Tw Triple Twist Lift	
2	3S Triple Salchow	
3	BiDs Backward Inside Death Spiral	
4	3LoTh Throw Triple Loop	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	5ALi Group 5 Axel Lasso Lift	
8		
9		
10		
FS/FD		Remarks
1	3Tw Triple Twist Lift	
2	3S+2T+2T Triple Salchow + Double Toeloop + Double Toeloop	
3	2A Double Axel	
4	4Li Group 4 Lift	
5	3STh Throw Triple Salchow	
6	FiDs Forward Inside Death Spiral	
7	PCoSp Pair Combination Spin	
8	ChSq Choreo Sequence	
9	3LzTh Throw Triple Lutz	
10	5RLi Group 5 Reverse Lasso Lift	
11	5ALi Group 5 Axel Lasso Lift	
12		
13		
14		
15		
16		
17		